

Worlds Strongest Man competition will be held in Sun City South Africa September 15-18 and 22-23.

List of Events

Qualifiers

- Medley
- Giant Farmer's Walk
- Truck Pull
- Power Stairs
- Squat Lift for Reps
- Deadlift for Reps
- Africa Stone
- Dumbbell for Reps
- Apollon's Axle
- Overhead Lift
- Deadlift Hold
- Loading Race

Finals

- Loading Race

- Keg Toss
- Giant Wooden Log
- Whisky Barrel Carry
- Deadlift for Reps
- Atlas Stones

NB: All events are subject to change